Reviewer’s report

Title: Effects of Exercise on Depressive Symptoms in Adults with Arthritis and Other Rheumatic Disease: A Systematic Review of Meta-analyses

Version: 1 Date: 1 December 2013

Reviewer: Jose Moncada-Jimenez

Reviewer's report:

Minor essential revisions:
1. Page 5, line 95 to 98: While somewhat arbitrary...
   Can you provide evidence to support this sentence showing that 4 weeks of exercise can change depressive symptoms?

2. Page 8, line 161 and 162: {Harzing, 2007 10399 /id}
   This is a minor mistake in the citation format. Please correct accordingly.

3. Page 13, line 293: ...meeting the American College of Sports Medicine (ACSM)
   The abbreviation was previously used in page 9 (line 188) and page 12 (lines 269 and 271). I think you do not need to spell all the name out. Use abbreviation again.

4. Page 14, line 303: ...as well eight studies...
   ...as well as eight studies...

5. Page 14, line 304 to 306: The authors reported no statistically significant differences...
   It seems to me that in line 306 a significant difference is reported (p = 0.05). Please verify.

Discretionary revisions:

Based on your results, it seems to me that your findings are only true for female patients and not for adults (in general) with fibromyalgia. In other words, exercise reduces depression symptoms in female adults with fibromyalgia. Would you agree with me?

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable

Statistical review: Yes, and I have assessed the statistics in my report.
Declaration of competing interests:

I declare that I have no competing interests.