Reviewer's report

Title: Effects of a training program after surgically treated ankle fracture: A prospective randomised controlled trial

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Reviewer: David A Bichara

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Effects of a training program after surgically treated ankle fracture: A prospective randomized controlled trial.

Overall, this is a valid prospective randomized study comparing the effects of a training program after surgically treated ankle fractures.

MINOR ESSENTIAL REVISIONS

The authors should have an editor refine the manuscript before resubmission. Both the introduction and part of the discussion read like sentences from various papers that were joined together, rather than a seamless cohesive theme. Although there are only a few typographical errors (eg. “unction” instead of “function” in the abstract) in the script, multiple run-on sentences lacking congruency can be found and need to be re-written.

DISCRETIONARY REVISIONS

The authors state that patients in the control group could have trained similar exercises, similar to those performed by the experimental group. Under the "Methods" section, it is crucial to define exactly what exercises the individuals in the control group could have potentially performed "if they wanted or needed". By doing this, it would eliminate assumptions on why there were small differences between the groups.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Needs some language corrections before being published

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests.