Reviewer's report

Title: Evaluating Active U: An internet-mediated physical activity program

Version: 1 Date: 11 May 2009

Reviewer: Daniel J McCarty

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- Discretionary Revisions

This is a well written and important manuscript that reviews the characteristics of participants and outcomes of a large internet-based physical activity health promotion program. These kinds of interventions need to be formally evaluated so this study is a nice contribution to the field of health promotion. The server effect was interesting.

A few minor changes are suggested.

- Was the advertising for the program evaluated? What approach was best at recruiting participants (email?, signs? advertisements?).

- Will you be looking at the cost of the program? If not the subject of another paper, please include the cost data here.

- Data are plural use “Data were” instead of “data was”

- Delete all “we found that” and “we feel that”

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests.