Reviewer's report

Title: The Effects of Irregular Bedtime on Sleep Quality, Daytime Sleepiness, and Fatigue in University Students in Taiwan

Version: 1 Date: 21 February 2009

Reviewer: Ahmed BaHammam

Reviewer's report:

Comments to authors:
Major comments:
• The authors did not comment on the way they selected the studied group. Was that simple random?
• Nothing is mentioned about exclusion criteria like chronic illnesses, alcohol, medications, employment (after school).
• The sample is small. How did the investigators reach this number? Was sample calculation done prior to the study based on previous studies?
• Discussions and conclusions; second line: the author stated that IB is possibly an independent factor affecting sleep quality. However, the study was not designed or analyzed to address that. I think that statement is not justifiable.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.