Reviewer's report

Title: Health Enhancing Strength Training in Nonagenarians (STRONG): rationale, design and methods

Version: 2 Date: 9 May 2009

Reviewer: Donna K Ciliska

Reviewer's report:

The authors have addressed all of my concerns.

1. In particular, they have given adequate information about the reliability and validity of the measurements they are using.

2. They have already proven that the intervention is feasible.

3. They have clarified variables to be included in the ANOVA.

4. They have added some literature related to this age group.

5. They have clarified measurement of adverse events (falls) during the intervention.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests