Author's response to reviews

Title: Scale Development: Factors Affecting Diet, Exercise, and Stress Management (DESM)

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Version: 2 Date: 20 December 2007

Author's response to reviews: see over
December 13, 2007

Dear Editor

We are submitting an original manuscript entitled “Scale Development: Factors Affecting Diet, Exercise, and Stress Management (DESM)” for review and consideration for publication in the “Research” category.

The paper will be interesting to your readers because it describes the development and validation of scales measuring personal and environmental factors that affect dietary fat intake behaviors, physical activity, and stress management of low-income women. We found that cognitive interviewing is a fundamental step in instrument design. Our DESM demonstrated construct and discriminant validities, good reliability, and scale invariance. The implications for researchers are discussed.

We have no conflict of interest regarding the subject matter of this manuscript. Also, there is no duplicate publication or submission of this manuscript in part or in its entirety elsewhere.

Thanks for reviewing and considering this manuscript

Sincerely,

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