Author's response to reviews

Title: Do 'alternative' help-seeking strategies affect primary care service use? A survey of help-seeking for mental distress

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Author's response to reviews:

Dear Editor and Production team,

We are delighted to hear that you have decided to publish our manuscript.

Please find the final amendments to our manuscript to address the reviewers' comments.

On page 9 revised sentence: Table 2 compares help-seeking strategies to Table 2 displays....

Also p.9 revised sentence The third most common answer was that there no resolution was possible (17; 14.5%) by removing 'there'.

Finally on page 15 revised sentence 'Surprisingly, medical service use and alternative service use were equally common in our survey (see table 2) suggesting that people use multiple sources of help..... to ....that people may use multiple sources of help....

We hope that these minor clarifications will address the concerns of the reviewers without making substantive changes to the content of the manuscript.

Best wishes

Katja Rudell, Kamaldeep Bhui and Stefan Priebe