Reviewer’s report

Title: Effects of a community-based healthy heart program on increasing healthy women's physical activity: a randomized controlled trial guided by Community-based Participatory Research (CBPR)

Version: 3 Date: 18 July 2007

Reviewer: Melissa Napolitano

Reviewer’s report:

General

The authors were extremely responsive to the comments of the reviewers. There is only one modification I would make to the manuscript. I think it is important to reiterate in the discussion that this program was delivered in-person, rather than in the non-face-to-face format that is standard for CTM. My edit is below.

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Minor Essential Revisions (such as missing labels on figures, or the wrong use of a term, which the author can be trusted to correct)

The following edit (in CAPITAL LETTERS) should be made to the sentence in the discussion section:

Our study was the second one which examined the efficacy of the American Heart Association's Choose to Move (CTM) program for physical activity promotion DELIVERED VIA IN-PERSON HOME VISITS in comparison to a control group. Napolitano et al [14] and our study provided the first controlled comparison of AHA materials which may provide information for the AHA in the design and dissemination of future programs.

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Discretionary Revisions (which the author can choose to ignore)

n/a

What next?: Accept after minor essential revisions

Level of interest: An article of outstanding merit and interest in its field

Quality of written English: Acceptable

Statistical review: Yes, and I have assessed the statistics in my report.
Declaration of competing interests:

'I declare that I have no competing interests'