Author's response to reviews

Title: Design of the New Life(style) study: a randomised controlled trial to optimise maternal weight development during pregnancy. [ISRCTN85313483]

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Formatting changes

the authors' qualifications are removed (e.g. PhD, M.D.) from the title page.

Affiliations are adapted according the guidelines

Abstract [study protocol] - the abstract is structured into Background, Methods/Design, Discussion. In the initially submitted article the discussion was lacking.

Manuscript sections [study protocol] - Manuscript sections include (in the following order): Abstract; Background; Methods/Design; Discussion; Abbreviations (if any); Competing interests; Authors’ contributions; Acknowledgements; References; Figure legends (if any); Tables (if any); Description of Additional files (if any). So in this final version a discussion is included.

Figure and Table Legends are moved to after the Reference list.

References - The reference list should contain all authors' names, regardless of how many there are. The term 'et al' should not be used.

Tables - Tables that are less than two pages in length should be incorporated into the main manuscript. Please include these at the end of the manuscript text, after the figure legends: the table which was uploaded as figure 3 is deleted and incorporated in the text.

Figure title - the title from figure 2 is deleted.

Figures - figure 2 is cropped.