Reviewer’s report

Title: The Healthy Lifestyle and Personal Control Questionnaire (HLPCQ): A novel tool for assessing self-empowerment.

Version: 3
Date: 6 August 2014

Reviewer: Richard Tahtinen

Reviewer’s report:

Major Compulsory Revisions
None

Minor Essential Revisions
1. Introduction row 91, amend; “…someone’s…”
2. Add period in the end of the last sentence in conclusion.

Discretionary Revisions
3. Method row 117, I would suggest amending “…we were asking participants about…”, into “participants were asked about”, or “we asked participants about”.
4. Table 4. I would suggest adding labels on the top row instead of using numbers (i.e. 1-5), just to make the table more reader friendly.
5. In conclusion; it would be beneficial to include brief directions or suggestions for future studies for the use and further validation of the HLPQ.
6. Consider making the title even more detailed e.g.: The Healthy Lifestyle and Personal Control Questionnaire (HLPCQ): A novel tool for assessing self-empowerment through a constellation of daily activities.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable

Statistical review: Yes, and I have assessed the statistics in my report.

Declaration of competing interests:
I declare that I have no competing interests