The article investigated the relationship between weight misperception and weight loss during a diabetes prevention project conducted in Australia among individuals with moderate to high risk of developing diabetes.

The article sounds interesting, as little related evidence has been reported. It is clearly written and properly organised. However, it might benefit from some minor comments.

Minor essential revisions:

1) It would be beneficial if the authors start the 'background' with a few 'general' sentences to acknowledge the importance of weight in the risk/aetiology of diabetes, and the role of weight loss in preventing the disease.

2) It would be better if the authors clarify a bit more how the 'objectively measured' weight was actually measured at baseline, 3 months and 12 months, e.g. using same scales? were the scales standardised? etc.

3) The authors are encouraged to investigate the possibility of presenting the findings stratified by gender, or at least comment on this aspect somewhere in the 'results' or 'discussion'.

4) The discussion section would be more balanced if the limitations have been explicitly acknowledged.

Discretionary Revisions:

1) I appreciate the paucity of related literature, but it would be interesting if the discussion compare/contrast the findings against any similar studies elsewhere.

2) The authors might also comment on how they believe the findings are generalisable to other populations.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: Yes, but I do not feel adequately qualified to assess the statistics.
Declaration of competing interests:

I declare that I have no competing interests.