Author’s response to reviews

Title: High-intensity compared to moderate-intensity training for exercise initiation, enjoyment, adherence, and intentions: an intervention study

Authors:

Katie M Heinrich (kmhphd@ksu.edu)
Pratik M Patel (pratik.patel@radiology.msu.edu)
Joshua L O’Neal (jlon@ksu.edu)
Bryan S Heinrich (bryanh73@ksu.edu)

Version: 7
Date: 16 July 2014

Author's response to reviews: see over
Dear Editor,

In response to the following comment, we have updated our manuscript to include a Clinical Trial Registration number.

Your study constitutes a clinical trial according to the International Committee of Medical Journal Editors (ICMJE) definition: any research study that prospectively assigns human subjects to one or more health related interventions to evaluate the effects on health outcomes.

As such, it needs to be registered with an appropriate registry. The trial registration number and registration date should be added to the manuscript. Retrospective registration is acceptable.

Once you know your trial registration number, please submit a revised version of your manuscript with the number included in the abstract. The last section of the abstract should be Trial Registration: listing the trial registry and the unique identifying number and the date of registration, e.g. Trial registration: Current Controlled Trials ISRCTN73824458. Registered 28 September 2004. Please note that there should be no space between the letters and numbers of the trial registration number.

At the end of the abstract we have added the following information: Trial Registration: ClinicalTrials.gov Identifier: NCT02185872. Registered 9 July 2014.

Sincerely,

Katie M. Heinrich