Author's response to reviews

Title: Happy@Work: Protocol for a Web-based Randomized Controlled Trial to Improve Mental Well-being among An Asian Working Population

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Author's response to reviews: see over
Dear Editor,

I am pleased to submit a study protocol entitled 'Happy@Work: Protocol for a Web-based Randomized Controlled Trial to Improve Mental Well-being among An Asian Working Population' for consideration for publication in *BMC Public Health*.

Although positive psychology has long been recognized as an effective and less-stigmatized approach in improving mental health, its uptake into routine practice of mental health promotion has lagged behind, especially among working populations in Asia. With this randomized controlled trial protocol, we will design, implement and evaluate a web-based program that aims at developing psychological capital thus improving mental well-being among working adults in Hong Kong. We will not only examine outcomes directly related to individuals’ mental health status, but also try to understand user experience and implementation challenges in an eastern society. Economic evaluation will be conducted to assess return-on-investment, which will be critical of convincing more organizations to take up similar programs.

Our study is funded by the Health Care Promotion Fund, Food and Health Bureau of the Hong Kong Government through an external peer review process (Ref# 05120045, see more details at https://rfs.fhb.gov.hk/english/funds/funds_hcpf/funds_hcpf_abt/funds_hcpf_abt.html). It has received ethics approval from the Joint Chinese University of Hong Kong - New Territories East Cluster Clinical Research Ethics Committee (Ref# 2014.001). The proofs of the funding and ethics have been forwarded to the designated email (BMCSeriesEditorial@biomedcentral.com).

Currently, the ongoing study is still at the stage of recruiting participants. We expect to complete the data collection in the next few months and start the analysis soon after. No publication containing the results of this study has been published or submitted to any journal. This paper has not been published elsewhere. All authors have read and approved the content, No conflict of interest is involved in conducting the study.

I hope you’ll find this study protocol suitable for publication in *BMC Public Health*. Thank you for your consideration, and we look forward to your positive response.

Sincerely,

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