Author's response to reviews

Title: Do physical activity and dietary smartphone applications incorporate evidence-based behaviour change techniques?

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The following changes were made to the original submitted manuscript as requested by the Journal Editorial Office:

(1) Ethics: Despite the study does not involve human subjects, the following sentence was added to the Methods section, Study Design: "The study was conducted in accordance to ethical standards. Human subjects were not recruited and therefore no ethics approval was required."

(2) Acknowledgements: The following sentence was added: "University of Auckland Postgraduate Research Student Support was used by AD to fund app purchases."