Reviewer's report

Title: Overweight and obese adults have low intentions of seeking weight-related care: a cross-sectional survey.

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Reviewer: Simona Calugi

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The aim of this study was to evaluate the relationship between intention to use weight-related care, readiness to lose weight and influencing factors, in a sample of Dutch subjects with elevated levels of weight-related health risk.

The results are not especially novel but are clinically useful, indicating that only 55.1% of participants are ready to lose weight and that only 11% out of 55.1%, intended to use weight-related care from a care provider.

The sample is not large but sufficient. Methods and statistical analyses are appropriate and well described. Limitations are appropriately identified and discussed. I have only a few queries and suggestions.

- Why the authors used a confirmatory factor analysis? The exploratory factor analysis is more appropriate when uses a new instrument.

- It is obvious, but interesting that psychologist are indicated as the last category of care providers to give dietary advice. I think that authors should discuss this results in light of guidelines indicating an important role of the psychological support to improve weight loss expectations, motivation to lose weight and the weight loss.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Needs some language corrections before being published

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests