Reviewer's report

Title: Parental Encouragement of Healthy Behaviors: Adolescent Weight Status and Health-Related Quality of Life

Version: 2 Date: 18 February 2014

Reviewer: Ingibjörg Thorisdottir

Reviewer's report:

Overall the manuscript is quite good, the question posed by the authors is well defined. Methods are appropriate and well-described, and data appears to be sound. The discussion and conclusions are well-balanced and supported by the data. The authors clearly acknowledge the work upon which they build and state limitations fairly clearly.

My comments follow the order of the manuscript. These comments are mostly minor revisions.

Background:

The authors point out that there is "emerging evidence to suggest that physical health conditions like obesity and cardiovascular disease share a direct relationship with mental health and well-being and therefore, attention is now focused on the impact of obesity on psycho-social problems in adolescents". This indicates that most researchers in this field are directing their focus towards the impact of obesity on psycho-social problems in adolescents, is that an overstatement?

Minor essential
1. The others refer to a recent systematic review which was published in 2009 and therefore it is not that recent.

Methods:

Minor essential
1. The response rate was 51% which the authors should also mention in the limitations section of the manuscript.
2. Varimaxor rotations – should be varimax rotation

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: Yes, but I do not feel adequately qualified to assess the statistics.
Declaration of competing interests:

I declare that I have no competing interests