Author's response to reviews

Title: Parental Encouragement of Healthy Behaviors: Adolescent Weight Status and Health-Related Quality of Life

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Author's response to reviews: see over
Dear Editors,

I am submitting our article, “Parental Encouragement of Healthy Behaviors: Adolescent Weight Status and Health-Related Quality of Life” to you as it is highly relevant to your audience. There is an established link between adolescent obesity and poorer health related quality of life outcomes but the relationship is much more complex than a direct causal chain whereby increases in weight lead to increases in depressive symptoms. Moderation variables may influence the pathway. There has been some investigation into the role of social support as a moderating influence but much of the research utilises small sample sizes and includes only adolescents with overweight or obesity. This paper uses a large sample of Australian adolescents from all weight categories to determine the whether the relationship between overweight/obesity and health related quality of life is moderated by parental encouragement of a healthy lifestyle. These results have the potential to inform future practice and interventions into adolescent obesity. We believe that your audience will find these findings exciting and relevant to their current practice and future research.

There are no prior publications or submissions with any overlapping information. This manuscript has been submitted solely BMC-Public Health and will not be submitted to any other journal while under consideration by BMC-Public Health. The authors declare no conflicts of interest. As a co-author (on behalf of all authors) I take full final responsibility for the paper and confirm that I had full access to all aspects of the research and writing process.

Yours sincerely

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