Author's response to reviews

Title: Nutritional and behavioral determinants of adolescent obesity: a case-control study in Sri Lanka

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Version: 3
Date: 30 May 2014

Author's response to reviews: see over
30th May, 2014

Editor-in-Chief
BM C Public Health

MANUSCRIPT SUBMISSION

RE: “Nutritional and behavioral determinants of adolescent obesity: a case-control study in Sri Lanka”

We are pleased to re-submit our manuscript on “Nutritional and behavioral determinants of adolescent obesity: a case-control study in Sri Lanka” after addressing the comments highlighted by editor before forwarding to reviewing.

Sri Lanka is a developing country in South Asia with over 20 million population and undergoing rapid socioeconomic transition and both over- and under-nutrition are serious health concerns. Obesity is increasing at an alarming rate in the country. Childhood obesity increases the risk of obesity in adulthood and is associated with cardiovascular disease risk factors such as hypertension, diabetes mellitus and dyslipidemia. The increase in the prevalence of obesity in recent years has brought this condition to the forefront of the public health facts in many countries including Sri Lanka. The roots of the obesity epidemic need to be tracked back as early in life as possible in order to develop effective means for preventing this condition and its health consequences in the future.

Preliminary studies conducted in Sri Lanka have found out that serious metabolic consequences of obesity are seen in Sri Lankan children. However, there are very few studies about the prevalence and the risk factors associated with adolescent obesity in Sri Lanka. We did this study with an aim of providing useful information with regard to the potential determinants associated with childhood obesity in the Sri Lankan scenario. Furthermore, findings of this study will be useful in identifying effective interventions to combat the adolescent obesity. This piece of work will be highly cited in the coming research work on obesity and nutritional articles in the country.

We have carefully selected the BM C Public Health for publication of this paper due to the keen interest the journal takes on understanding of the behavioral aspects of diet and physical activity related research in world including developing countries. Since there are few publications related to developing world in literature and therefore, we are confident that it will be of interest to readers of this prestigious journal.
“This paper has not been, nor will be, published in whole or in part by any other journal”. No conflict of interest is declared.

We would be thankful to you if you could consider our manuscript for publication.

Thank you for considering the paper for publication. Hereewith we have attached the point-by-point responses to the concerns highlighted by editor in table format.

Yours sincerely

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Responses to the editor’s concerns

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