Reviewer’s report

Title: The relationship between healthy behaviors and health outcomes among older adults in Russia

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Reviewer: Luana Giatti

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Second version

Below some observations:

1) The authors improved the introduction section. But the article would benefit if the information were restricted to more relevant aspects, making the text more elaborate and concise.

2) The same information was presented in introduction in lines 68-70 (Gurina et al. [6] found that 1.8% (n = 11) of older adults in their sample had frank malnutrition and 17.3% (n = 106) were at risk of malnutrition) and in lines 128 and 129 (Gurina et al. [6] identified 11 (1.8%) older adult participants with frank malnutrition and 129 106 (17.3%) who were at risk of malnutrition in the St. Petersburg district).

3) Objective could specify that the study investigate the relationship between SELF-RATED health and……

4) The study population was the participants of the SAGE Wave 1. The information about the age of study population should be described in methods (older than 50 years). In addition, in results there is the following information: “A total of 3938 respondents aged 50–100 (mean, 65) years participated in the survey”; but, Table 1 presents missing values in age variable. If the study population is the participants with 50 years and more, participants with missing data in age should be excluded.