Author's response to reviews

Title: Perceptions on healthy eating, physical activity and lifestyle advice: opportunities for adapting lifestyle interventions to individuals with low socioeconomic status

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Version: 4
Date: 22 September 2014

Author's response to reviews: see over
Dear editor,

Thank you for your kind words and your valuable recommendations. In this letter, we provide a point-by-point response to your recommendations.

"The authors have done a very nice job of responding to the concerns of the reviewer and I believe the manuscript is now almost suitable for publication. My only additional recommendations are 1) (in relation to point 2 of reviewer Brand), that the discussion of reasons for not conducting a sex-specific analysis that was included in the response, should also be included in the methods of the paper in some form;”

It is a good idea to add something about not conducting sex-specific analysis into the manuscript. In the revised manuscript, we now mention that the study was not intended to examine gender differences. Additionally, we explain why we chose to separate the focus groups by gender (lines 157–160).

"And 2) that the fact that there were generally similar perceptions (albeit with some differences too) in both the high and low SES groups should also be mentioned in the abstract results”

It is indeed good to mention in the ‘Abstract’ section that there were generally similar perceptions in the low and high SES groups. This finding is added to the abstract results (lines 56–59).

We hope that the revised manuscript is now suitable for publication in BMC Public Health.

Kind regards,
On behalf of all authors

A.J. Bukman, MSc.