Reviewer's report

Title: A pilot study comparing two weight loss maintenance interventions among low-income, mid-life women

Version: 2 Date: 17 June 2013

Reviewer: Gustavo Silva

Reviewer's report:

General Comments

Regarding the review of the manuscript entitled “A pilot study comparing two weight loss maintenance interventions among low-income, mid-life women”, it should be emphasized that the authors made an effort to improve the study in some aspects, namely in the methods section and in the discussion. On the other hand, there are some issues that were pointed by reviewers that were completely disregarded by the authors. Additionally, it is strange that the authors did not upload any file with some point-by-point response to reviewers. Whereas reviewers raised several major compulsory concerns, it would be expected that authors demonstrate their opinions and points of view, in case they disagreed with reviewers’ perspectives.

Major Compulsory Revisions

The presentation of results is still confused and the conclusions are not supported by statistical significance. Conclusions are made on the basis of trends in mean values. When data is taken with dispersion (SD is huge) or considering individuals variations (Figure 2), it is possible to understand that the conclusions might not be accurate. In order to facilitate the understanding of the study’s results, it is recommended to assume and focus in weight change as the main outcome, instead of weight regain.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable

Statistical review: Yes, and I have assessed the statistics in my report.

Declaration of competing interests:

I have no conflict of interest.