Author's response to reviews

Title: Adapting the SLIM diabetes prevention intervention to a Dutch real-life setting: joint decision making by science and practice

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Author's response to reviews: see over
Dear Editor,

Thank you for the editorial comments on our manuscript entitled: ‘Adapting the SLIM diabetes prevention intervention to a Dutch real-life setting: joint decision making by science and practice’.

We have now made the revisions to our manuscript. Below we provide detailed answers to your remarks.

Enclosed, please find the complete revised version of our manuscript. We look forward to the acceptance for publication.

With kinds regards,

On behalf of the authors
Sophia C Jansen
Editor's comments:

Comment 1
There is still need for some more clarification about how the data were used/analysed, in particular step 3 data. Was a consensus reached and recorded during the focus group or were the data recorded and analysed after the group by the authors?

Answer/revision: We apologise that this point is not completely clear in the description of step 3. Indeed, a consensus was reached during the focus groups and recorded by taking notes. Thereafter, the notes were analysed by two people in order to see if any adaptations should be made to the manuals. We now adapted the text as follows, see grey lines:

"The focus groups were guided by a trained discussion leader and structured with a topic list. The basic questions in the focus groups were: Are the proposed adaptations feasible in your opinion? Can you implement this intervention in practice? Any objections were discussed until consensus was reached, which was recorded by taking notes. Afterwards, the notes were analysed by two people to identify any consequences for the adaptation of SLIM. Finally, the adaptations were incorporated in the new SLIMMER manual, a reference for health care professionals which was adapted as a result of this study."

Comment 2
The sub heading "Adaptation" in the methods section would be clearer if it read "Steps in the adaptation framework". Also the "step 1" and "steps 2 & 3" sub-headings in the results section would be clearer if they used the relevant heading from the methods section ie using text to describe the stage for example "Step 1: Assessing intervention elements".

Answer/revision: We re-worded the headings as suggested and we agree that it is clearer this way.