Reviewer’s report

Title: The Impact of an Employee Wellness Programme in Clothing/Textile Manufacturing Companies: A randomised controlled trial

Version: 1 Date: 17 August 2012

Reviewer: Sharon Laing

Reviewer’s report:

1. Discretionary Revisions (authors can ignore)
None

2. Minor Essential Revisions (e.g., missing labels on figures, wrong word/term use)
   a. First line under “aims” in the Abstract section – replace “efficacy” with “effect”
   b. Under Introduction, first line, add “increased” between words “add” and “absenteeism.”
   c. Under Instrumentation section, fourth paragraph, 9th line, replace “This was” with “These were.”
   d. Under “Body Mass Index – BMI” section, second paragraph and first line, take out “in” after the word “reduced” and in the second line, take out “in” after the word “reduced.”
   e. Under Discussion section, on the 6th paragraph, on the second line, there is an extra period after “enjoyed.”
   f. Under Discussion section on the 7th paragraph, on the second line, take out the “s” that is on “appears.”

3. Major Compulsory Revisions (e.g., must respond to before a decision of accept)
   a. More background information required on the beneficial effect of workplace health promotion initiatives. Although the authors spent a lot of time on the impact of exercise programs and CBT on health outcomes, a similar level of coverage was not offered for workplace health promotion programs.
   b. The authors need to restate their hypotheses (stated in Abstract section) within the body of the document.
   c. Description of the VAS presented in the final paragraph of the Participants section does not belong there.
   d. Authors need to define “exercise” under the Instrumentation section.
   e. Authors need to restructure the Instrumentation section to include descriptions of all the variables under study – dependent and independent variables.
   f. The findings reported in the Conclusions section does not support the data
presented in the Results section – this a major limitation of the study.
g. Restructure Table #1 – under “Occupation Department” – add Production and Administration under that heading.
h. Restructure Table #1 – take out column that has “statistics” – the statistics should only be presented under Statistical analysis of the narrative.
i. Table #1 – add N (%) in the cells “experimental group” and “control group.”
j. Report the findings for EQ-VAS in tables and not just EQ-5D because the VAS findings are reported in the narrative of the manuscript.

Recommendation
Unable to decide on acceptance or rejection until the authors have responded to the major compulsory revisions.

Level of Interest
An article whose findings are important to those with closely related research interests.

Quality of written English
Acceptable

Statistical review
No, the manuscript does not need to be seen by a statistician.

Declaration of competing interest
I declare that I have no competing interest.

**Level of interest:** An article whose findings are important to those with closely related research interests

**Quality of written English:** Acceptable

**Statistical review:** No, the manuscript does not need to be seen by a statistician.

**Declaration of competing interests:**
I declare that I have no competing interest.