Author's response to reviews

Title: The MILE study: A Motivational, Individual and Locally anchored Exercise intervention among 30-49 year-olds with low levels of cardiorespiratory fitness. A randomised controlled study in primary care

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Author's response to reviews: see over
Dear Editor,

I apologise for the missing information regarding our manuscript. As requested, I have e-mailed you the additional information regarding our manuscript (no. 657162971081070).

The study has been approved by the Ethical Committee, Central Region Denmark (no. 1-10-72-428-12). External funding has been provided by Merchant L.F. Fights Fund and Central Region Denmark as elaborated in the manuscript page 15 (acknowledgement section). The study protocol has not been externally peer reviewed as part of the funding process. Evidence (in Danish) for both ethical approval and funding as well as relevant parts of the documents translated into English (separate document) has been sent. There are currently no manuscripts, based on this study protocol, under submission with other journals.

The study protocol is registered at ClinicalTrials.gov (no. 1-10-72-428-12), meeting all of the ICMJE guidelines.

In addition, the TRN has been added at the end of the abstract in the submission system.

My middle name Hoj has also been added to the title page. Furthermore the section under secondary outcome named moderate/vigorous physical activity has been renamed physical activity level (page 11). Finally several of the abbreviations have been replaced by fully written words throughout the document.

I hope that everything has been clarified sufficiently. If you need further information, please do not hesitate to contact me.

On behalf of all co-authors,

Yours Sincerely,

Kirstine Obling
PhD student