Reviewer’s report

Title: Associations between Body Mass Index, health measures and need for recovery in office employees: a cross-sectional analysis.

Version: 1 Date: 17 September 2013

Reviewer: Zuzanna Pieniak

Reviewer’s report:

This is an interesting well-written study investigating associations between BMI, health measures and need for recovery in office employees.

Major Compulsory Revisions
- More details about the sampling method and collection of data is needed. Was it self-administrated? On-line or off-line, etc.
- I’m not convinced whether the NFR scale is measured in the best way: dichotomous scale gives obviously little answers. What about people who are not certain or doubt about their answer? Wouldn’t be better to use e.g. an agreement scale?
- P.7, vitality; the scale you report is not a Likert scale!

Minor Essential Revisions
- Page 5, section ‘dependent variable’: Dutch abbreviation of the questionnaire is mentioned as VVBA and VBBA. Which one is the correct one?
- Page 8, please explain what are the corresponding low, middle and high educational levels

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable

Statistical review: Yes, and I have assessed the statistics in my report.

Declaration of competing interests:

I declare no competing interests