Author's response to reviews

Title: Low fitness and perceived physical activity skills. A cross-sectional study of psychosocial factors and physical fitness in a sample of Finnish men

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Version: 2 Date: 19 June 2013

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MS: 2004602331013687
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To editorial office of BMC Public health,

We have revised the manuscript according to the comments of BMC editorial office.

Comment 1. Requesting ethics statement:
Research involving human subjects (including human material or human data) that is reported in the manuscript must have been performed with the approval of an appropriate ethics committee.

Response 1. Ethical issues of the study have addressed in methods section in the page 5 (Sample and study design, lines 22-24). All participants gave their written consent and the approval for the study was obtained from the University of Jyväskylä Ethical Committee.

Comment 2. Competing interests
Manuscripts should include a 'Competing interests' section. This should be placed after the Conclusions/Abbreviations. Please consider the following questions and include a declaration of competing interests in your manuscript:

Response 2. Section of competing interests has been inserted in page 16 (lines 5-7).
The authors declare that they have no competing interests. The mention of the research grant of the corresponding author was added in acknowledgements, in
On behalf of the research group,
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