Author's response to reviews

Title: Water and beverage consumption among adults in the United States: Cross-sectional study using data from NHANES 2005-2010

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Author's response to reviews:

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Natalie Pafitis
Executive Editor
BMC Public Health

Dear Ms. Pafitis,

The manuscript entitled “Water and beverage consumption among adults in the United States: Cross-sectional study using data from NHANES 2005-2010” is resubmitted for publication in BMC Public Health. The recently requested information (regarding availability of the data set used) is addressed below.

The manuscript assesses total water intake from all sources including tap and bottled water, other beverages and moisture in foods among US adults. These intakes were compared to the desirable or recommended values and the contribution of different beverages to overall water and energy intakes was assessed.

The manuscript uses data from three cycles of the National Health and Nutrition Examination Survey (NHANES). The US National Center for Health Statistics has obtained IRB approval for all cycles of NHANES. All data used in this research are publicly available via the US National Center for Health Statistics website. Both the availability of the data and IRB approval have been noted in the manuscript.

With some exceptions, very few studies have explored the consumption of plain water among nationally representative samples of US adults. The current study is unique in focusing on the consumption of plain drinking water and other beverages using the most recently available data for American adults.
This study was supported by Nestle Waters. The authors do not have any competing interests to report.

With kind regards,

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