Reviewer's report

Title: The 40-something randomized controlled trial to prevent weight gain in mid-age women

Version: 11 Date: 20 August 2013

Reviewer: Catherine Carpenter

Reviewer's report:

Authors adequately addressed my concerns.

Level of interest: An article of outstanding merit and interest in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

No to all questions.