Author's response to reviews

Title: The design of a real-time formative evaluation of the implementation process of lifestyle interventions at two worksites using a 7-step strategy (BRAVO@Work)

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Leiden, July 2, 2012

Dear editor,

Please find attached our revised study protocol, The design of a real-time formative evaluation of the implementation process of lifestyle interventions at two worksites using a 7-step strategy (BRAVO@Work), for consideration of publication in BMC Public Health. The paper has been approved by all authors and has not been submitted or published elsewhere. Furthermore there are no manuscripts based on this study protocol that are under submission with other journals. Therefore no other publications have yet arisen from the study protocol to date. There are no conflicts of interest and the study has been approved by the Medical Ethics Committee of the University Medical Centre of Utrecht, the Netherlands.

After initial submission to your journal we have made the following changes to the main manuscript:

- We have shortened the abstract, since the original abstract exceeded the allowed 350 words.
- We have stated in the method section that prior to data collection all employees will be informed about the study purposes, after which informed consent will be obtained.
- We also added our inclusion criteria to the method section: employees are eligible to participate in the study when 18 years or older.

Furthermore we have emailed proof of external funding and the ethics approval. Also, figure 1 is re-uploaded in .jpg format.

We hope that the paper is of interest to the readers of your journal.
Sincerely,
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