Author's response to reviews

Title: Are the stages of change relevant for the development and implementation of a web-based tailored alcohol intervention? A cross-sectional study

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Author's response to reviews: see over
Dear Mr Jimmar Dizon,

Thank you for sending the comments of the referee concerning our paper entitled “Are the stages of change relevant for the development and implementation of a web-based tailored alcohol intervention? A cross-sectional study” and for your useful comment.

You had a remark regarding the description of the items about the stages of change concept (see questionnaire content, page 8). Since we refer to the alcohol guideline (healthy drinking) on almost every page of the program, respondents will not have misunderstood the item, but of course, it could be misunderstood in the way you describe by the reader of our paper. Therefore, we now added some more information based on your suggestion. We included an explanation regarding the first item, called “I do not plan to drink a maximum of two/three glasses of alcohol per day”, by explaining that this item should be chosen by respondents who did not intend to adhere to the alcohol guideline in the future. We also explained that the last two items (“I already drink a maximum of two/three glasses of alcohol per day, but started during the last six months” and “I have drunk a maximum of two/three glasses of alcohol per day for more than six months”) should be chosen by people who already adhere to the alcohol guideline for a while, including nondrinkers.

We would like to thank you for providing us with the opportunity to revise the description of the stage of change items. We herewith resubmit our manuscript and hope that you agree with the additional explanation given in the text now.

We received financial support for publication of NWO, the Netherlands Organization for Scientific Research, and added this information to the acknowledgement section.

Yours sincerely,

Daniela Schulz
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