Reviewer's report

Title: A qualitative study of the determinants of dieting and non-dieting approaches in overweight/obese Australian adults

Version: 1 Date: 3 October 2012

Reviewer: Elizabeth Denney-Wilson

Reviewer's report:

Thank you for the opportunity to review this manuscript which was a pleasure to read. The paper reports on a qualitative study among (mostly) overweight and obese individuals and uncovered unique insights into their attitudes and perceptions of a dieting and non-dieting paradigm. The findings are fascinating and will be of very wide interest to those working clinically and in the research community interested in prevention and management of weight gain.

The methods and analysis are sound and any minor weaknesses in approach declared. The writing is clear and the paper flows very well. I did not detect any typographical or grammatical errors.

I wish the authors the best of luck with their research.

Level of interest: An article of outstanding merit and interest in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare I have no competing interests