Author's response to reviews

Title: The Prevention Of WEight Regain in diabetes type 2 (POWER) study: the effectiveness of adding a Combined Psychological Intervention to a Very Low Calorie Diet, design and pilot data of a randomized controlled trial.

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Author's response to reviews: see over
Dear Mr. Dizon,

In answer to your email dated 18-07-2012, we would like to submit a revised version of our study protocol: ‘The Prevention Of WEight Regain in diabetes type 2 (POWER) study: the effectiveness of adding a Combined Psychological Intervention to a Very Low Calorie Diet, design and pilot data of a randomized controlled trial’ for exclusive consideration of publication as an article in BMC Public Health.

The following changes have been made:

1. Our study has been awarded with a funding of €150,000,- by the Erasmus MC Mrace subcommission ‘Doelmatigheid en Zorgonderzoek’ (Efficiency and Health Care research). Attached you’ll find proof of this funding.

2. This research is approved by the Medical Ethics Committee of the Erasmus Medical Centre in Rotterdam (reference number MEC-2009-143/NL26508.078.09), in compliance with the Helsinki Declaration. Approval and translation are attached.

3. At this time, there are no manuscripts under submission with other journals based on this study protocol.

4. Our clinical trial is registered in the Dutch Trial Register with number NTR2264 (www.trialregister.nl), following ICMJE guidelines.

5. We attached the lifestyle questionnaire as an additional file. The original questionnaire is in Dutch, so we also added a translated version.

We hope that these changes are sufficient to take our work in consideration. Please do not hesitate to contact us if you have any further questions.

Yours sincerely,

Kirsten Berk,
Dietician and PhD student
Erasmus Medical Centre
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