Author's response to reviews

Title: Pragmatic randomised controlled trial of preferred intensity exercise in women living with depression

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Author's response to reviews: see over
Dear Editor,

RE: Pragmatic randomised controlled trial of preferred intensity exercise in women living with depression

I enclose the captioned manuscript that I have revised in line with the requested editorial changes.

In particular I have made the following changes as requested.

Author list: the list of authors in the manuscript should be written exactly as they are in the submission system, both in style and order. The preferred style is 'First name Initial Last name' (e.g. Joe F Bloggs)

I have done this; pls see revised title page

Structure: this manuscript does not have the correct structure. Please reformat it to use these headings: Abstract; Background; Methods; Results; Discussion; Conclusions; Abbreviations (if any); Competing interests; Authors' contributions; Authors¿ information (optional); Acknowledgements (optional); References Competing interests: Please include a `Competing interests¿ section between the Conclusions and Authors¿ contributions. If there are none to declare, please write `The authors declare that they have no competing interests`

The structure of the MS now complies with the above requests.

Authors' contributions: Please indicate that all authors read and approved the final manuscript.

I have now added this to MS on page 10
References: Please make sure references are cited in numerical order. We notice reference 5, 7, 26, and 27 are not cited within the main text. Please make sure references continue to be cited in numerical order once these references are cited.

I have inserted the references in the script; for 5 and 7 pls see page 3, refs 26 and 27 were cited in the text, pls see page 4

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The figures and tables are now in the text after the reference lists; see pages 14-16

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Yours sincerely,

Patrick Callaghan
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Professor of Mental Health Nursing & Director of Research