Author's response to reviews

Title: The effect of two different health messages on physical activity levels and health in sedentary, overweight middle aged women

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The effect of two different health messages on physical activity levels and health in sedentary, overweight middle aged women

Dear Associate Editor,

Further to your email received on 24th January 2011, the above journal paper has been revised. The reviewer’s comments has been addressed individually in the section below. Each point provides a brief description of the changes made in the text in accordance with the reviewer’s comments, as well as the page and line number where these changes can be located in the manuscript. The changes are highlighted in red in the manuscript.

If there are any further comments, please do not hesitate to contact me.

Regards,

Associate Professor Sebely Pal
Response to Reviewers/Editors comments

Comment by Editor: Please include an Authors' contributions section before the Acknowledgements and Reference list.

Authors’ response: include an Authors’ contributions section before the Acknowledgements and Reference list (page 20, lines 1). “Authors Contribution: The authors’ CC and SH coordinated the trial, data collection, statistical analysis and input into the manuscript. SP conceived and designed the study, wrote the manuscript, supervised the study and the statistical analysis. Vanessa Ellis assisted in editing and reviewing the manuscript”.

Reviewer: 1

1.Reviewer’s comment: I’d recommend re-wording a sentence slightly and correcting a typo on page 10,line 8. “Differences between groups was analysed using one-way analysis of variance.” Change to: Differences between groups were analysed using one-way analysis of variance.”

Authors’ response: We have changed the sentence on (page 10, lines 8) to “Differences between groups were analysed using one-way”