Reviewer's report

**Title:** Efficiently Utilize Worksite Screening Programs for Predicting the Development of Metabolic Syndrome in Middle-Aged Employees: a Five-Year Follow-up Study

**Version:** 1  **Date:** 9 October 2010

**Reviewer:** Konstantinos Tziomalos

**Reviewer's report:**

This is an interesting study that evaluates factors predictive of metabolic syndrome in a cohort of young subjects.

**Major compulsory revisions:**
The authors should cite and discuss more studies in the general population that evaluated risk factors for metabolic syndrome.
Where any patients receiving antihypertensive or lipid-lowering agents? Where these patients considered as fulfilling the diagnostic criteria of elevated blood pressure and low HDL/high TG?
Please delete "Efficiently Utilize" from the title.

**Level of interest:** An article whose findings are important to those with closely related research interests

**Quality of written English:** Acceptable

**Statistical review:** No, the manuscript does not need to be seen by a statistician.

**Declaration of competing interests:**
I declare that I have no competing interests.