Author's response to reviews

Title: Evaluation of a commercial web-based weight loss and weight loss maintenance program in overweight and obese adults: a randomized controlled trial

Authors:

Clare E Collins (clare.collins@newcastle.edu.au)
Philip J Morgan (Philip.Morgan@newcastle.edu.au)
Pennie Jones (PJones@sphealth.com.au)
Kate Fletcher (Kate.Fletcher@newcastle.edu.au)
Julia Martin (Julia.Martin@newcastle.edu.au)
Elroy J Aguiar (Elroy.Aguiar@newcastle.edu.au)
Ashlee Lucas (Ashlee.Lucas@newcastle.edu.au)
Melinda Neve (Melinda.Neve@newcastle.edu.au)
Patrick McElduff (Patrick.Mcelduff@newcastle.edu.au)
Robin Callister (Robin.Callister@newcastle.edu.au)

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Author's response to reviews: see over
Author's covering letter for initial submission

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Patrick McElduff (Patrick.Mcelduff@newcastle.edu.au)
Robin Callister (Robin.Callister@newcastle.edu.au)

Version: 1 Date: 25 October 2010

Comments:

To: Editor of BMC Public Health

26th October, 2010

Dear Editor,

We wish to submit our manuscript, ‘Evaluation of web-based weight loss and weight loss maintenance programs in overweight and obese adults: the Biggest Loser Club Online Australia randomized controlled trial’ for review by BMC Public Health. This manuscript is study methods for an important future area of research, web-based weight loss. This trial is funded by an Australian Nationally Competitive Grant from the Australian Research Council (ARC) under the Industry Linkage Project grant category. A copy of the grant approval notice from the ARC has been uploaded. The protocol has been peer-reviewed and as the methods are extensive we wish to publish them in full so that we can refer to them briefly when publishing the trial results over both the weight loss and maintenance of lost weight stages of the project. The project has also been approved by the Human Research Ethics Committee of the University of Newcastle and a copy of the approval notification has also been uploaded. As web-based weight loss is a rapidly developing area of research, we believe this paper to be of high interest to your readership.

Sincerely,

On behalf of all authors