Author's response to reviews

Title: Make Better Choices (MBC): Study design of a randomized controlled trial testing optimal technology-supported change in multiple diet and physical activity risk behaviors

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Author's response to reviews:

1. Added country to author’s institution location
2. Used initials instead of author’s full names in Author’s Contribution section
3. Changed “Methods” to “Methods/Design” in body of paper
4. Removed all instances of “et al” from the references
5. For references with less than 30 authors – added all authors’ names
6. For the one reference with more than 30 authors – used APA format (display first 6 authors followed by “…,” and then last author’s name)
7. Did some minor formatting of the references
   - Changed all names from: DeMott, A.D., to DeMott, AD,
   - For some references titles were italicized or underlined when they should have been in bold
8. Changed order of Figures in body of text (Figures 2 and 3 were cited before Figure 1) and renamed Figures in Figure section to reflect the change