Author's response to reviews

Title: The design of a community lifestyle programme to improve the physical and psychological well-being of pregnant women with a BMI of 30 kg/m2 or more.

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The following edits were made:

An additional author was added to the paper - Catherine Chmiel.

Abstract:
The main outcomes were changed to 'weight gain and caesarean section rate'

Background:
Page 3 – a reference is listed in the text not in numerical form. Bell et al was put into the references at 16

Methods section
Reference to the MRC complex intervention framework was added – reference 29

Sample:
GP written in full - General Practitioner (GP)
CS written in full – caesarean section

References:
See above – 16 added.
52 – Braun not Braum

Table 2:
Box two – the full name (Physical Activity Readiness Questionnaire -PARQ) and reference (31) was added
Last box - ‘Type of birth’ changed to ‘mode of birth;