Reviewer's report

Title: Effect of an individually tailored one-year energy balance programme on abdominal fat and body weight in recent retirees: a cluster randomised controlled trial

Version: 3 Date: 12 November 2009

Reviewer: Erik Hemmingsson

Reviewer's report:

1. OK, although I think it is a little confusing to see women in Fig 1, but nowhere else.
2. OK.
3. OK.
4. OK.
5. Maybe there was some problem uploading the list because I could not find it. If the editor has seen a complete list, and is satisfied that all 22 items are included in the manuscript, there is no need for me to perform another re-review.
6. OK.
7. OK.
8. OK.
9. Please explain this figure a little more in the figure caption, for example what is +2 w: toolbox?
10. OK.
11. There is still some vague language around, for example the last sentence in the first para of the Discussion: "Secondary analysis..."
12. OK.
13. OK.
14. OK.

Level of interest: An article of importance in its field

Quality of written English: Needs some language corrections before being published

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:
I declare that I have no competing interests.