This is an excellent overview of the historical background and ongoing work in the field of physical activity guidelines to improve and maintain health. I have no specific comments to the content, because the authors are well informed and have participated in the process with many of the documents they refer to.

I agree that it is surprising how passive Europe has been, and the document, which the authors mention as ongoing work in EU (ref 14), has actually been finished for a year, but is still not released. This EU document is definitely an important extension to guidelines stating level and type of physical activity, because it goes through possible initiatives for implementation. The reason why the document has not been used is that the document got stuck when the Lisbon negotiations ran into problems. However, prevention in Europe should not only rely on the political process on governmental level. It seems that it may be a good idea that organizations such as WHO Europe or HEPA Europe took the lead.

Minor comments
There are many abbreviations, which are not written out the first time