Reviewer's report

Title: Delayed sleep onset in depressed young people

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Reviewer: Carole Boudebesse

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The study presents interesting data on the percentage of delayed sleep onset amongst young depressed people. Furthermore, the authors suggested an association between tobacco use and delayed sleep onset, which could be relevant for clinicians.

However, some clarifications seem necessary. (Minor Essential Revisions)

1) In the introduction, as evening type can partly explain delayed sleep onset, some references on evening type and depression can be added.

2) In the methods, even if the inclusion procedure was described elsewhere, more information on who assessed the individuals (trained nurses? Psychologists?) and how (structured interview?) can improve the global understanding.

3) What was the distribution of the variables when T-test were used?

4) The lack of objective sleep measure (actigraphy, PSG) even in a subgroup of patients can be added in the limitations.

5) The use of a circadian questionnaire to assess chronotype could be considered for future studies.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests' below.