Reviewer's report

Title: Uptake and adherence of a self-directed internet-based mental health intervention with tailored e-mail reminders in senior high schools in Norway

Version: 2  Date: 11 December 2013

Reviewer: Wenceslao Penate

Reviewer's report:

Authors take into consideration several commentaries that we did. Now, I consider the manuscript is more consistent, affording data, not only about adherence to treatment (to telehealth program), and uptake, but data about its clinical efficacy, especially about level of depression and self-esteem.

Despite of these results do not support MoodGym as an efficacy tool to decrease level of depression (with this population). I think these results allow us to reflect about how to improve the efficacy of telehealth programs, a therapeutic tool especially relevant, but we need to identify those variables that increase its adherence and compliance, and its efficacy and efficiency.

Other comments about literature review and hypotheses are minor commentaries, and I think this manuscript is now correct.

Level of interest: An article of limited interest

Quality of written English: Acceptable

Statistical review: Yes, and I have assessed the statistics in my report.