Reviewer's report

Title: Yoga for schizophrenia: A systematic review and meta-analysis

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Reviewer: Jamie Ringer

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The manuscript titled “Yoga for Schizophrenia: A Systematic Review and Meta-Analysis” by Cramer, Lauche, Klose, Langhorst, and Dobos offers a meta-analysis of the effectiveness of yoga practice for persons with schizophrenia. This appears to be a well planned and rigorous analysis. There are several noteworthy strengths evident in the study. The authors clearly defined the inclusionary criteria for studies to be included in the meta-analysis and also focused on identifying biases in the studies that were under review. The result however was that only 4 studies met the author’s guidelines for inclusion in the analysis. This provides a rather small sample of studies from which to determine the effectiveness and safety of yoga as an intervention for psychosis. The authors acknowledge this as a limitation of the study and despite finding only moderate evidence for short term effects of yoga on wellbeing resist making recommendations for or against the use of yoga as an intervention. The manuscript is scientifically sound and appears ready for publication.

Level of interest: An article of limited interest

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests.