Author's response to reviews

Title: Effective lifestyle interventions to improve type II diabetes self-management for those with schizophrenia or schizoaffective disorder: a systematic review

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Dr. Jigisha Patel, MRCP, PhD
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Dear Dr. Patel:

We would like to submit for your consideration our paper, “Effective lifestyle interventions to improve type II diabetes self-management for those with schizophrenia or schizoaffective disorder: a systematic review” to BMC Psychiatry. This article expands on the current state of the literature on this topic by attempting to identify effective lifestyle intervention approaches for individuals who are concurrently experiencing type II diabetes and schizophrenia or schizoaffective disorders. In doing so, findings can begin to inform psychiatric healthcare regarding the need for lifestyle interventions as a form of Diabetes Self Management Education that can reduce the burden on the healthcare system from diabetes related complications.

The article is not under review in another journal, and has not been published elsewhere. No previous submissions for this paper have been made to date. None of the authors have any competing interests to declare.

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Thank you for your consideration.

Sincerely,

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