Reviewer’s report

Title: Seeking help for depression from family and friends: A qualitative analysis of perceived advantages and disadvantages

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Reviewer: Debra Rickwood

Reviewer’s report:

This is a timely paper that covers an area that has not previously been well researched. The question posed by the authors is well defined - considering the perceived advantages and disadvantages of seeking help from family and friends for depression. A qualitative method is used which is appropriate and well described. The data appear to be sound and the manuscript adheres to relevant standards. Discussion and conclusion are appropriate balanced and the limitations are acknowledged. The title and abstract are accurate and the writing style is excellent. The only comment I have is that the paper is quite long and could possibly be more concise, although this is very difficult with qualitative work. I believe the paper can be accepted without revision.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have not competing interests.