Author's response to reviews

Title: Perceived Benefits and Barriers to Exercise for Recently Treated Patients with Multiple Myeloma: A Qualitative Study

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Perceived Benefits and Barriers to Exercise for Recently Treated Patients with Multiple Myeloma: A Qualitative Study

Authors:
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4 June 2013

Dear The Biomed Central Editorial Team

Re: M5: 1957577890856926 Perceived Benefits and Barriers to Exercise for Recently Treated Patients with Multiple Myeloma: A Qualitative Study

Thank you for consideration of our manuscript for publication in your journal. We have reviewed the manuscript according to the reviewers’ comments which are addressed below. A copy of the amended manuscript with track changes and a clean copy are attached.

Thank you again and we look forward to hearing from you in due course.

Regards

Melinda Craike

Reviewer # 2

Line 114. the sentence would read better if it ended after the brackets and began with “In addition Coleman et al. reported a high exercise attrition rate of 42%...”

Completed

Line 196 should read In terms of qualitative data, the interviews were transcribed....

Completed

On page 14 the quote beginning on line 327-330 would benefit by having a word in [ ] which explained what the man was referring to. Was he referring to his pain?

“Pain in lower body” has been added to this quote in brackets to clarify what this mean was referring to

Line 425 should read Low self motivation and lack of interest...

Completed

Line 429 should read particularly in the morning

Completed

Line 467 should read None of the participants from this study engaged in vigorous physical activity. We found that participating in light to....
Completed

Line 469 should read ... that effect mobility; and who are also

Completed

Line 476 further clarification would be helpful... site-specific alterations – to what? It is not clear what you are referring to.

An example has been provided here for clarification, the sentence now reads:

However, in recognition of the specific needs of some cancer groups, the panel acknowledged that there should be some cancer site-specific alterations for patients in areas such as recommended medical assessments before starting an exercise program, and caution was advised in those at increased risk of fracture and infection

I would delete the paragraph from line 493-508, as I don’t think it adds anything to this paper.

This paragraph has been deleted

Line 525 it is not clear what the association is with is it associated with an improvement in several quality of life domains?

The quality of life domains that are referred to in this sentence have been included and the sentence has been slightly reworded for clarity:

A cross-sectional study of patients with MM by Jones et al showed that during off treatment periods, minutes of participation in moderate plus vigorous intensity physical activity was associated with overall quality of life and all components of quality of life except physical wellbeing as well as reductions in fatigue and depression several quality of life domains as well as depression