Author's response to reviews

Title: A randomized controlled trial on the effectiveness of strength training on clinical and muscle cellular outcomes in patients with prostate cancer during androgen deprivation therapy: RATIONALE AND DESIGN

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Point-by-point description of the changes made:

1) Page 9, Methods/Design - at the end of paragraph 1 we have added one sentence: "The study had been approved by the Regional Committee for Medical and Health Research Ethics, South-East Region (protocol nr. 08/212b.2008/4062)"

2) Page 10 - Methods/Design - Participants - second sentence paragraph 2 we have in the beginning of the sentence added: "After giving their written consent agreeing patients are scheduled...."