Basu et al. describe their investigation of a brief training package for midwives to facilitate their knowledge and confidence in their patient interactions regarding nutrition, physical activity and weight management during pregnancy. The authors report a modest but significant affect of this training on midwives' knowledge and confidence following the training.

Major Compulsory Revisions:
1. The primary question left unanswered by this study is whether this compact training led to changes in the midwives practices and interactions with patients? While the midwives felt they gained knowledge and confidence, if their interaction with patients hasn’t been affected then the training ultimately hasn’t been successful. This could be determined with a follow-up questionnaire to the midwives. It seems it would also be important to investigate the retention of the information imparted from the training over an extended period of time. This could also be assessed with a follow up survey.
2. The Introduction should be shortened. The authors can focus the Introduction more and move other information to the Discussion.
3. I am confused about the statement (page 8): “Overall the median scores were significantly different between statements but when knowledge statement (d) and confidence statement (a) were excluded, the significance was removed (Tables 2 & 3).” Is this valid? What does this data mean exactly when some question are removed from the analysis? I assume this greatly limited the total number of responses overall.
4. What do the authors think led to the high ratings for knowledge and confidence on the part of the midwives in this study? The ratings are much higher than would be expected based on previous data (as noted by the authors). Is this a chance finding or are these midwives different from midwives in other studies?

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Needs some language corrections before being published
Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:
I declare that I have no competing interests