Reviewer's report

Title: Transition to motherhood in type 1 diabetes: design of the Pregnancy and Postnatal Well-being Transition Questionnaires

Version: 1 Date: 14 December 2012

Reviewer: Carol Wilkins

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Transition to motherhood in type 1 diabetes: design of the Pregnancy and Postnatal Well-being Transition Questionnaires.

The anxieties and stresses of pregnancy and childbirth can be exacerbated for women with type 1 diabetes. This is a worthwhile study aimed at providing a new perinatal-specific tool which may eventually prove valuable in providing psychosocial information to guide professionals in their care and support of women with T1DM during pregnancy and the transition to motherhood. The paper is well written and clearly identifies the comprehensive processes undertaken to develop the final questionnaires. The postnatal questionnaire specifically could be adapted to gather information valuable in guiding the care of any woman during her transition to motherhood.

There are some discretionary revisions that I would suggest:

1. Table 2 identifies that the parity of the participants ranged from 1 to 8 yet the paper does not identify whether there were parity-related differences in responses. Whist the literature would suggest that the needs and consequently responses to most of the questions would be the same there are several questions where parity may have made a difference – for example the need for support and information from health professionals may have differed between primiparous and multiparous women, the latter having experienced pregnancy with T1DM before; anxiety in multiparous women may have been raised because of previous experiences. Whilst differences would be elicited from analysis of the Likert scale responses it would be helpful to the reader to learn whether these differences existed and comment made on whether the questions covered the needs of all.

2. I would also suggest that the age of the participants may be a limitation of the study, with the youngest participant being 27. It would interesting to determine whether younger women, especially teenagers, would respond in the same way to the questions and whether they would have additional needs and coping strategies, the identification of which might be added to the tool.

Level of interest: An article of importance in its field

Quality of written English: Acceptable
Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:
I declare I have no competing interests