Reviewer’s report

Title: Perspectives about and approaches to weight gain in pregnancy: A qualitative study of physicians and nurse midwives

Version: 2 Date: 15 January 2013

Reviewer: Melissa Rosenstein

Reviewer’s report:

Major Compulsory Revisions:
1. None. This is a well-written paper that reports on a well-done study. It is small in scope, but that should not preclude its publication.

Discretionary Revisions:

2. One concern is that the quotations in Table 2 are the same as the quotations in the body of the paper. In some cases, such as in the topic heading "Patients more influenced by other factors", the text on page 12 suggests that "many providers" listed this as an issue but the same representative quote appears twice. If there were "many" providers who shared this opinion, I would think that another representative quotation could be found. This would not only enhance the experience of reading the article (since the quotations are of great interest to the reader) but also bolster the validity of the statement that certain themes were repeated by many participants.

3. While it may be implicit, I would state more clearly that these findings should be used as a catalyst for further research, especially since interventions are being proposed. I think that while the study does provide appropriate data for many of the proposed interventions, they should be implemented as part of a research program that will study the effects of the intervention. A sentence in the conclusion addressing this is warranted.

4. The last sentence of the Discussion mentions that providers conflated the interview topic with the topic of obesity in pregnancy. A sentence that clarifies that weight gain, not obesity, was the focus of the interview could be added to the methods section.

5. Overall, I think that the paper is very well written and describes an interesting study on an important perspective on the topic of weight gain during pregnancy.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable
**Statistical review:** No, the manuscript does not need to be seen by a statistician.

**Declaration of competing interests:**

I declare that I have no competing interests.